

Pre-rider briefing aide memoir

The following list is a guide to the types of things to address, but some may not be appropriate and there may be other things that should be addressed. Select content as appropriate.

Before the ride starts, gather the participants so they can hear you, and:

- Welcome riders and introduce yourself.
- Check that all riders have signed on.
- Advise participants of the ride details and requirements
- Advise route and terrain and road surfaces.
- Mention any known or possible hazards along the way such as cars, trucks, potholes, road works, etc.
- Advise how long you think the ride will take.
- Advise any locations for regrouping, water and food.
- Ask participants to advise you (or someone else on the ride) if they are leaving the ride before the finish.
- Advise the bike path rules: keep left, stop off the path, give way to pedestrians, and watch out for oncoming bicycles.
- Advise the road rules: obey the traffic rules, keep left, stop at red lights and stop signs, use cycle lanes when they exist, take care in traffic.
- Advise group etiquette and signals: call out when slowing and stopping, point out hazards to following riders, signal when turning.
- Ask if there are any non Pedal Power members present, and if so encourage them to join.
- Advise that Pedal Power public liability insurance covers financial members only and that others may be at risk.
- When appropriate, designate a tail end person(s). Give them a copy of the cue sheet or map or ensure they know the route.
- Inform the group 'if you ride ahead of the leader or behind the tail end person you are on your own'.
- Get those present to say their names and introduce new members.
- Give other pertinent advice as appropriate.